



Anno & Pam Deconstructed Knit Short Sewing Pattern



SEWING LEVEL

- Beginner
- Intermediate
- Advance

Ribbed Elastic Waistband
 External Deconstructed Seam Style
 Side Leg Hem Vents
 Sizes XS-2XL

SIZE CHART:

SUGGESTED BODY MEASUREMENTS: (In inches & centimeters)

SIZES		XS-0/2	S-4/6	M-8/10	L-12/14	XL-16/18	XXL-20/22
WAIST	In.	24-25	25-27	27-29	29-33	33-37	37-41
	Cm.	61-63.5	63.5-68.5	68.5-73.7	73.7-83.8	83.8-94	94-104
HIPS	In.	33-34	34-36	36-38	38-42	42-46	46-50
	Cm.	83.8-86.4	86.4-91.4	91.4-96.5	96.5-106.7	106.7-117	117-127

FABRICS & NOTIONS REQUIRED:

You will want to use knits with spandex stretch, including approximately 5% Spandex.

- Fabric Suggestions (Fabric A) Body = Jersey Knit, Mid Weight Jerseys, French Terry
- Fabric Suggestions (Fabric B) Waistband = Rib Knit, 1 x 1.
- 1 1/2-inch (3.8 cm) wide Elastic
- Matching Thread

SEWING SKILL LEVEL: *Intermediate*

PATTERN SEAM ALLOWANCES:

Body=1/4 inch (.635 cm), Hem= 3/8 inch (.953 cm)

FABRIC & TRIM YARDAGE:

REQUIREMENTS: (in yards/centimeters, *1/8 yd/11.43 cm have been added to accommodate shrinkage)

YARDAGE	WIDTH	XS-0/2	S-4/6	M-8/10	L-12/14	XL-16/18	XXL-20/22
FABRIC A	44/45 in	3/4	7/8	7/8	7/8	7/8	7/8
	58/60 in	5/8	7/8	7/8	7/8	7/8	7/8
	112-114 cm.	68.5	80	80	80	80	80
FABRIC B	147-152 cm	57	80	80	80	80	80
	45/60 in.	3/8	3/8	3/8	3/8	3/8	3/8
ELASTIC	112-152 cm.	34.3	34.3	34.3	34.3	34.3	34.3
	1 1/2 In.	3/4	7/8	7/8	1	1 1/8	1 1/4
	3.81 Cm	68.5	80	80	91.5	102.9	114.3

Join Apparel Pattern Making in sharing and educating each other on Mental Health Issues.

More information and advice on where to start, visit websites below.

NAMI=National Association of Mental Illness.

www.NAMI.org
www.BringChange2Mind.org



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